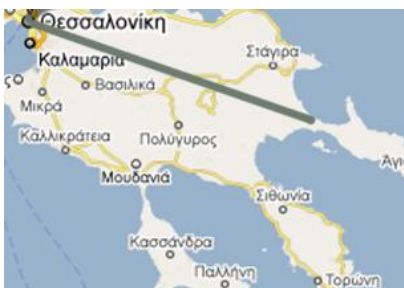


THE MONASTRIES OF MOUNT ATHOS 7 DAYS/6 NIGHTS



1st Day –

Thessaloniki/Ouranoupoli

Arrival at the airport of Thessaloniki and transfer to Ouranoupoli. Accommodation at the hotel. Free time. Dinner and overnight.

2nd Day – Ouranoupoli

Breakfast at the hotel.

Program for men: transfer to the port and departure to Mt. Athos Peninsula. Visit to the Monastery of "Megistis Lavra", the Mylopotamos "holy winery", and the Monastery of "Ivion". Dinner and overnight at the Monastery.

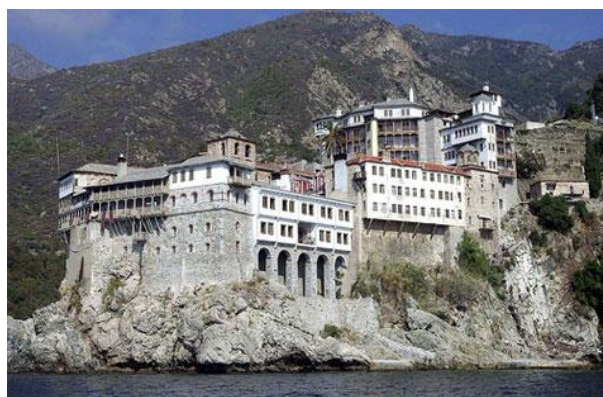
Program for women: Excursion to the monastery of "Vatopedi" in Sithonia peninsula. Return to the hotel, dinner and overnight.

3rd Day- Ouranoupoli

Breakfast. Return of the men at Ouranoupoli. Visit to the monastery of "Zygou" which is located 40 m. away from the Mt. Athos border. The visit there is allowed to the women. Further on to the Byzantine Tower of Prosforiou for a visit. Lunch at restaurant inspired by the Mt. Athos way of cooking. Return to the hotel. Dinner and overnight.

4th Day – Ouranoupoli

Breakfast at the hotel. Transfer to the port and departure to Mt. Athos cruise. Return to Ouranoupoli. Free time for lunch and departure to the traditional village of Arnea. Visit to "Agios Stefanos" church. Return to the hotel. Dinner and overnight.



5th Day – Ouranoupoli / Thessaloniki

Breakfast at the hotel. Excursion to the area of Vrastama and visit to the monastery of Agios Efstasios and the cave. Further on to Thessaloniki. Accommodation at the hotel. Dinner and overnight.

6th Day – Thessaloniki

Breakfast at the hotel. Thessaloniki sightseeing: the Agios Dimitrios church, the "Rotonda" area, the old town and the "Agioritiki Estia", the famous Mt. Athos corner located in the center of the town.

7th Day – Thessaloniki /Departure Breakfast at the hotel. Transfer to the airport. Departure.